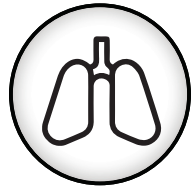


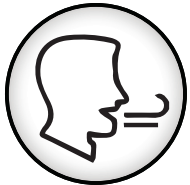
Know the symptoms



High temperature



Shortness of breath

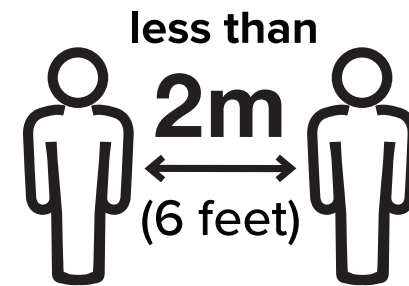


Breath difficulties



Cough

For 8 out of 10 people,
rest and over the counter medication
can help you feel better



15 Mins

Any individual who has had **greater than 15 minutes face-to-face (2 metres or less)** contact with another person please record in this booklet

COVID-19 Contact Tracing Booklet

Your name: _____ ID Number: _____

Date: _____ Area: _____ Shift: _____



I was with the below person/people **face-to-face closer than 2 metres**
for **longer than 15 minutes**

Person	Area
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Person	Area
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	