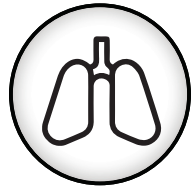


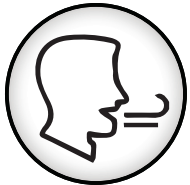
Know the symptoms



High temperature



Shortness of breath

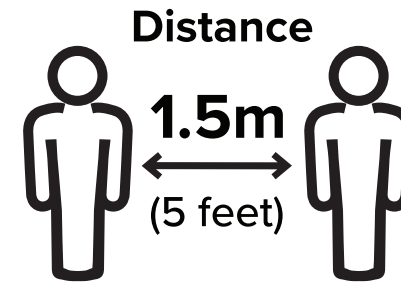


Breath difficulties



Cough

For 8 out of 10 people,
rest and over the counter medication
can help you feel better



15 Mins

Any individual who has had **greater than 15 minutes face-to-face (1.5 metres or less)** contact with another person please record in this booklet

COVID-19 Contact Tracing Booklet

Your name: _____ ID Number: _____

Date: _____ Area: _____ Shift: _____



I was with the below person/people **face-to-face closer than 1.5 metres for longer than 15 minutes**

	Person	Area
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

	Person	Area
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		